

Construction Break

BPS CORP.
QUARTERLY NEWS

FALL 2021

Rosemary's Way CATCH Neighborhood Housing Coming To Penacook

It was a picture-perfect day this past June for the official groundbreaking celebration at Rosemary's Way, a CATCH Neighborhood Housing development at 95 Village Street in Penacook, New Hampshire. The groundbreaking ceremony recognized and celebrated the community partners who have collaborated with CATCH to make this development a reality. Rosemary's Way is CATCH Neighborhood Housing's newest development, named in memory of their late long-time President and CEO, Rosemary Heard, who passed away in December 2020.

CATCH Neighborhood Housing is a non-profit organization that provides affordable housing solutions for Merrimack County residents and other communities in New Hampshire. This project is a six-building community with 42 one-, two-, and three-bedroom residential apartments. The development was designed by Burnell Johnson Architects of Manchester.

Development partners include Eastern Bank, City of Concord, NH Housing, Penacook Community Center, RBC Community Investments, NeighborWorks America, Sheehan, Phinney, Bass & Green, PA, and many more.

With BPS as the hired construction management firm, construction began in the fall of 2020. Completion is anticipated for early 2022. In mid-December 2020, a snowstorm dumped massive amounts of snow throughout the area, blanketing some communities with as much as 38 inches of heavy snow. This early storm hinted at what we thought would be a VERY snowy New Hampshire winter.

Much to our surprise (and delight), Mother Nature had different plans and delivered a mild winter with minimal snowfall amounts for the remaining winter season. These ideal winter conditions allowed our crew and subcontractors to be able to work diligently outdoors. Not only is the project running smoothly, but it is also on time and on schedule.

Bonnette, Page & Stone would like to thank CATCH Neighborhood Housing for the pleasure of being involved with this project and helping bring more affordable housing options to New Hampshire residents.

To learn more about CATCH Neighborhood Housing and affordable housing opportunities, please visit www.alliance-nh.com.



Top: Construction is underway at Rosemary's Way in Penacook, NH. Middle: A groundbreaking ceremony was held in June 2021. Bottom left: The late Rosemary Heard was honored at the ceremony. Bottom right: NH Governor Chris Sununu attended the groundbreaking celebration.



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Ancient Map Found In Cellar

A stone slab held privately for more than 100 years has turned out to be the oldest known map of European territory, the *Sci-News* website reports. The Bronze Age map, about 13 feet long by seven feet wide, dates from 2150–1600 B.C., and was originally found in France in 1900. It went to a private collection, then a museum, and was ultimately found in a castle cellar in 2014.

The slab appears to depict an area along the river Odet, and the central motif suggests an enclosure in an area with three river springs—the Odet, the Isole, and the Stêr Laër. Archeologists believe the ancient map may have been used to manage the territory and control its land. The slab was used in a burial at the end of the early Bronze Age, and markings that seem to represent the distribution of elite graves in the territory could be linked to soil fertility.

SPEED BUMP

Dave Coverly



Jumpstart Your Morning To Be More Productive At Work

Are you as productive as you could be at work? It depends on how you start your day. To get off on the right foot, follow this advice from the *Resume.io* website:

- **Empty your mind.** Get rid of extraneous thoughts that might distract you up front. If necessary, write down any ideas or worries and then set them aside so you can focus on your first task.
- **Don't check your email right away.** Spend 30 minutes or so on something productive before looking at your emails. You'll avoid getting sucked into nonessential tasks that can derail your productivity.
- **Avoid meetings.** Don't call a meeting first thing in the morning. We spend enough unproductive time in meetings as it is. Block out a meeting-free zone on your schedule, and attend only the most essential early morning meetings.
- **Stand up.** Instead of settling into your chair first thing, take a short walk or use a standing desk for the first 10 minutes of your day. This can help you feel more energetic and empowered.
- **Use natural light.** Open your blinds to let in the sunshine. It'll help you wake up and feel more alert. If that's not an option at your workspace, invest in a lamp that simulates sunlight.
- **Set—and share—deadlines.** Let someone else know when you expect to finish an important task. Keeping it to yourself makes letting it slide too easy. Having someone in on it will help you feel accountable, even though it's just a co-worker with no authority over you.
- **Start one at a time.** Don't try to accomplish several morning tasks at once—no matter how easy they are. Focus on just one, finish it, and move onto the next. Allocate blocks of time for specific tasks, with shorter spans in between for miscellaneous jobs.

"The key to successful leadership today is influence, not authority."

—Ken Blanchard

Try These Numbers On For Size

You think high school algebra was hard? Try wrapping your mind around these amazing numbers, courtesy of the *Cracked* website:

- To write the largest known prime number in a straight line, you would need a sheet of paper 23 miles long.
- Americans use 100,000,000,000 plastic shopping bags a year, enough to stretch end-to-end around the equator twice every day.
- A blue whale can eat up to 40 million small krill a day—about 7,900 pounds, which is more than the weight of a Hummer.
- A Rubik's Cube has 45,252,003,274,489,856,000 possible configurations.
- There are 12.1 trillion digits of Pi known right now. A piece of paper needed to write them in a straight line would stretch to the sun and back.
- LEGO manufactures 125 million bricks a day, more than the number of banknotes the U.S. prints in a day (38 million).
- Beetles represent 30% of all known animal species, with more than 300,000 species currently identified.
- People send 205 billion emails every day. If you were to print out each one on a separate sheet of office paper—which would consume 25 million trees—the stack would stretch halfway around the equator.

What Makes A Leader?

Leadership calls for the right perspective on people. The website of the *MIT Sloan School of Management* shares these words of wisdom from top leaders on how to lead:

- **Carol Cohen, Cognizant:** "Your long-term success is not just determined by what you achieve alone, but also by how you empower, engage, support, and elevate your colleagues and teams in the ecosystem around you."
- **George Westerman, MIT Sloan:** "The ability to envision and drive change is just as important as the ability to work with technology. If you don't have both, you can't succeed in this world."
- **Craig Robinson, WeWork:** "Creating, aligning, and empowering diverse teams is one of the best ways to discover and develop new ideas."
- **Hal Gregersen, MIT Sloan:** "Most leaders excel at thinking, 'Oh, here are the tasks to be done,' but they often don't step back to consider how specific roles are changing and what that means for people experiencing a significant identity shift at work."
- **Doug Ready, MIT Sloan:** "Go out on the limb, that's where all the fruit is. Take a few risks—trust that your people will admire you for doing so. Leadership is a privilege. Embrace it as you build a community of leaders in this new economy."

"In school, you're taught a lesson and then given a test. In life, you're given a test that teaches you a lesson."

—Tom Bodett

Up Your Networking Game

Networking is crucial to succeeding in your career. You need connections with people in all sorts of industries, people who can offer you advice, support, and sometimes work. Networking is one of the most powerful skills you can have in your career and is a skill that can be learned. How do you go about building the kind of network you want? Follow these guidelines from the *Silicon Republic* website:

- **Networking should be mutually beneficial.** Don't go into it thinking only what you can get from other people. To build useful, long-term relationships, you have to be available to help your contacts as much as you hope to get help from them. Don't constantly ask for favors. Volunteer your service and expertise so people see you as a reliable partner.
- **Join diverse groups.** You meet people for your network by getting involved in industry associations, trade groups, and the like. Look for groups that have a diverse range of people. The wider your network, the better your access to information you can use and people with experiences and insights you might not encounter elsewhere.
- **Present solutions.** Position yourself as an expert by speaking at conferences and offering solutions to long-standing problems. Getting visibility will attract people to you. You'll be able to interact with a wider variety of experts in other fields who can share experiences and ideas while benefitting from your own.
- **Say yes to opportunities.** You've got to put yourself out there to prove yourself to the people you want in your network. That means volunteering your services and also saying yes to requests to help. Be willing to take on new responsibilities when asked. This shows you're a team player committed to everyone's success, not just your own.
- **Don't be daunted if you've changed careers.** Networking can be just as daunting if you've decided to make a career change later in life. Try to understand the constituent parts of your new role, identify the people who have the most knowledge about that topic, and approach them. Ask if it's okay to reach out to them with questions or, better still, try to schedule a regular time with them where you have a chance to build up a bank of questions.



Odd Questions

1. Where are lobsters' bladders located?
2. In 1878, Alexander Graham Bell suggested answering the telephone with which greeting?
3. At an average of 10 hours 42 minutes per week, which country's citizens spend the most time reading?
4. Which is the state dance of 24 U.S. states?
5. Which came first: alcohol or the wheel?
6. Which word is understood in all languages?
7. A team of chemists described which smell as "a combination of grassy notes with a tang of acids and a hint of vanilla over an underlying mustiness?"
8. Which is the only continent to have land in all four hemispheres?
9. *Paraskevidekatriaphobia* is the fear of what?
10. What was the first item sold on eBay?
11. Theodore Roosevelt's daughter Alice had a pet snake. What was the snake's name?

1. In their heads. 2. "Ahoy." 3. India. 4. The Square Dance. 5. Alcohol. 6. "Huh?" 7. The smell of old books. 8. Africa. 9. Friday the 13th. 10. A broken laser pointer. 11. Emily Spinach.

—Mental Floss

Safety Doesn't Happen By Accident At BPS

We continue to focus on improving and providing a safe working environment for all of our employees, subcontractors, and partners. Each year, we strive for zero lost time injuries and no OSHA violations. This year, we were awarded with a Gold ABC STEP Safety Award for our efforts.

BPS Safety Officer Cindy Cassavaugh and Marketing Director Kristin O'Brien have been visiting our job sites to perform in-person safety demonstrations, review safety policies and procedures, perform safety checks, and conduct toolbox talks that focus on head injury prevention, fall prevention, and overall general safety.

One interactive demonstration showed the importance of wearing hard hats and was eye-opening. It involved dropping various hand-held tools and objects such as hammers, putty knives, and bolts from a six-foot ladder onto a watermelon. The first round was dropped on a watermelon wearing a hard hat and then without. The results were astounding and sent a strong message to all present about the important role hard hats play in preventing

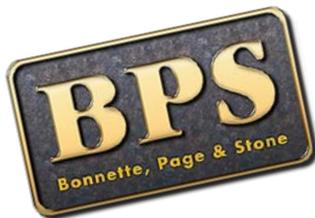
serious head injuries.

Safety at every job is important, and is especially so in the construction industry. BPS Project Superintendent Mike Bolduc said it best, "Safety at the job site means being able to come home to your family at the end of each day and that's everything."

Mike, we couldn't agree more. We would like to thank all of our BPS team members for recognizing the importance of safety and practicing it at each and every job site.



BPS Safety Officer Cindy Cassavaugh leads a toolbox talk.



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BPS Named Best Construction Management Firm



For the past three years, businesses around the Lakes Region have been recognized and celebrated for their outstanding services through *The Best of Lakes Region*, which is an awards program produced by the *Laconia Daily Sun*.

This past July, more than 2,000 businesses spanning 183 categories were nominated by community members, visitors, and businesses. Once the votes were tallied, Bonnette, Page & Stone was named the Gold Winner for the Best Construction Management Firm category!

We are greatly humbled, honored, and appreciative. Thank you to our fellow Lakes Region community members, businesses, and all of our amazing customers throughout New Hampshire. We wouldn't be where we are today without all of you!

Construction management isn't all we do at BPS! We are a full-service commercial and municipal construction manager, design-builder, and general contractor. Ready to chat about your next construction project? Give us a call at 603-524-3411 today!